



## *Manchester Flames Program Director Hubie McDonough names Mike Williamson as Director of*

### *“FUTURE FLAMES INTRO MITE / MITE DEVELOPMENT”*

Mike "Buck" Williamson comes to us as a long time player, coach and friend. Mike played all 14 years of his youth hockey career in the MRYHA organization, 12 of them with the Manchester Flames. He played his high school hockey locally at Manchester West High School and graduated from Lawrence Academy in Groton Massachusetts in 1983. He went on to play college hockey at Saint Anselm College. Mike has been coaching at various levels within the MRYHA organization for over 10 years.

*“As part of my staff, Mr. Williamson will bring years of hockey knowledge and experience to our program, and will be a leader in molding our Future Flames generation of hockey players. I had the good fortune of being a teammate of Mike’s at St. Anselm. Mike comes from a long line of former Flames including his dad who was instrumental in building the organization. Mike will start players off by teaching the basics of skating, stick handling and shooting, as the kids progress in their skills, they will be moved into more advanced groups where they will stay challenged throughout their session”*

The Future Flames program will utilize both cross ice and small area games, as well as full ice for game situations and rules comprehension.

The enclosed space of cross ice, allows players to have focused attention, increased puck on stick time, greater mental decision making, and more repetition in one ice session.

As players progress with their skills, full ice will be introduced allowing players to work on yet another set of skating skills, stick handling, shooting, game positioning and rules. Full ice will also give our older players the knowledge necessary to take the next step towards travel hockey.

MRYHA and the Manchester Flames offer many opportunities for players to continue with their skill development and hockey knowledge. Whether it is through our Recreational Program, “A” Travel program, or our “AAA”/“AA” Manchester Flames, players will have an opportunity to continue playing the wonderful and fun game of hockey